

Autism/Asperger's: *Medical, Nutritional and Dietary Challenges and Treatments*



One Day Only! Monday, January 23, 2012

Featuring: *James B. Adams, Professor
Arizona State University*



James B. Adams, Ph.D., is a President's Professor at Arizona State University, where he directs the Autism/Asperger's Research Program. He has conducted many research studies on the causes of autism and how to treat them, including studies of nutritional status (vitamins, minerals, essential fatty acids, amino acids), neurotransmitters, glutathione therapy, toxic metals and chelation, gastrointestinal abnormalities, immune problems, sleep disorders, and seizures. He is the author of over 20 scientific research

papers on autism, and the "Summary of Biomedical Treatments for Autism" published by the Autism Research Institute. He is the President of the Autism Society of Greater Phoenix and the Co-Leader of the Science Think Tank for the Autism Research Institute. He is the proud father of a son and two daughters; one is a teen-age daughter with autism.

9:00 - 9:30am - What is Autism? *New Insights*

New insights into diagnosis, symptoms, co-occurring medical problems, genetic and environmental risk factors.

9:30 - 11:00am - Summary of Biomedical Treatments for Autism

Overview of 14 research-based medical treatments for autism, including healthy diets, GFCF and other diets, nutritional supplements, digestive supplements, probiotics, melatonin, glutathione, immunological treatments and more.

11:00 - 12:15pm - Nutritional and Metabolic Status in Autism, and How to Improve It

This talk reviews the results of a major study of nutritional and metabolic problems in children with autism compared to controls, including vitamins, minerals, amino acids, neurotransmitters, methylation, sulfation, oxidative stress, and toxic metals. Additionally, it discusses the dramatic effect of a customized vitamin/mineral supplement on nutritional and metabolic status.

12:15 - 1:30pm Lunch Break *(Lunch on your own)*

1:30 - 2:30pm - Toxic Metal Exposure in Autism, and How to Treat It

This talk will review many studies which demonstrate that children have a decreased ability to excrete toxic metals due to low glutathione, resulting in an increased body burden of toxic metals. It will also discuss the results of a published study on how to safely and effectively remove toxic metals using DMSA, a FDA-approved medication for treating lead poisoning.

2:30 - 3:15pm - Seizure Treatments

This talk reviews a new study of 1000 children and adults with autism, to compare the effectiveness of many different medications and alternative treatments for reducing seizures with minimal side-effects. It will discuss which treatments were most effective in treating seizures with the fewest side-effects.

3:15 - 3:30pm - Summary: How to Create a Personalized Testing and Treatment Plan

3:30 - 4:00pm Questions and Discussion

END

For parents, professionals and people on the spectrum.

EVENT DETAILS



**Limited Seating.
Early registration encouraged.**


Location

Wakiki Community Center
310 Paoakalani Ave
Honolulu, HI 96815

When you walk away from this workshop you will have learned:

- The research behind 14 biomedical treatments for autism, and learn how to test if a treatment is likely to be beneficial or not.
- How to develop a personalized treatment plan, in collaboration with your physician.
- New research suggesting a new cause for 12% of autism cases.
- The maternal risk factors in half of mothers of children with autism that increase their risk 50x of having a child with autism, and learn how to reduce that risk.
- The results of a new major study of a novel vitamin/mineral supplement for children and adults with autism.
- How to safely determine if a child has a high body burden of toxic metals, and how to safely remove them if present.
- Which seizure treatments are most likely to be helpful, with the lowest risk of side-effects and the greatest benefit.

Questions?

 (480) 831-2047

 (480) 272-9693

 autismconferences@gmail.com

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In collaboration with:


ARIZONA STATE UNIVERSITY
AUTISM / ASPERGER'S RESEARCH PROGRAM

REGISTRATION FORM



✓ Yes, I want to learn more about Medical, Nutritional and Dietary Challenges and Treatments for Autism!

Register Online: www.autismconferencesofamerica.com (Preferred)

Financial aid for families with household income under \$50,000/year. For more information call us at (480) 831-2047 or email us at autismconferences@gmail.com by Monday, January 9th to ensure availability.

Early-bird Registration: Registered AND paid by January 06, 2012 • Regular Registration: after January 06, 2012

Category	Monday, January 23, 2012		Amount
	Early	Regular	
Professional	\$80	\$95	
Family Member	\$60	\$75	
2 nd Family Member	\$35	\$50	
People with Autism/Asperger's	\$20	\$25	
Refunds: 75% prior to Jan 18; no refunds after Jan 18		Conference Total:	

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Certificates of attendance will be emailed upon request after the conclusion of the conference.